

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris HEADCOACH

Coaches: Wielfaert Wout

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 14:02
Heat: 2/12 Lane : 8 Athlete: DE KETELAERE FEBE					Q-time: 01:46:67
PB (25m pool): 01:46.67 WAREGEM 27/09/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:46.67	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/12 Lane : 2 Athlete: VAN DE WALLE NORA					Q-time: 01:26:96
PB (25m pool): 01:26.96 WAREGEM 27/09/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.96	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:11
Heat: 6/12 Lane : 4 Athlete: VAN LIERDE ROOS					Q-time: 01:22:42
PB (25m pool): 01:22.42 Sportoase De Watermolen 21/07/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.32		01:22.42	
	00:38.32 00:44.10				
					

Coach feedback:

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Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:28	
Heat: 2/10 Lane : 7 Athlete: VANDENABEELE ACHILLES							Q-time: 02:35:42	
PB (25m pool): 02:37.91 Gent 23/02/2025				PB (50m pool): 02:35.42 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.46		01:13.54		01:56.33		02:37.91
	00:33.46		00:40.08		00:42.79		00:41.58	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:4, starttime: 14:34	
Heat: 4/10 Lane : 8 Athlete: VAN BRAECKEL SEPPE							Q-time: 02:25:02	
PB (25m pool): 02:25.02 Sportoase De Watermolen 21/07/2026 PB (50m pool): 02:33.52SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.39		01:10.18		01:48.25		02:25.02
	00:33.39		00:36.79		00:38.07		00:36.77	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:37	
Heat: 5/10 Lane : 2 Athlete: BOONEN KAREL							Q-time: 02:19:95	
PB (25m pool): 02:19.95 Sportoase De Watermolen 21/07/2026 PB (50m pool): 02:26.94SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.89		01:07.55		01:44.32		02:19.95
	00:31.89		00:35.66		00:36.77		00:35.63	
								

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+						Heat:4, starttime: 14:59	
Heat: 4/5 Lane : 6 Athlete: STERKEN NILA					Q-time: 01:13:27		
PB (25m pool): 01:13.27 Gent 23/02/2025				PB (50m pool): 01:13.38SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:32.88		01:13.27			
	00:32.88		00:40.39				
							

Coach feedback:

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Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:1, starttime: 15:03
Heat: 1/3 Lane : 6 Athlete: VAN LIERDE DAAN					Q-time: 01:56:27
PB (25m pool): 01:56.05 Sinbad 29/12/2024			PB (50m pool): 01:56.27 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.63		01:56.05	
	00:54.63		01:01.42		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:21
Heat: 5/12 Lane : 3 Athlete: VAN LIERDE ROOS					Q-time: 01:23:15
PB (25m pool): 01:23.15 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:23.20 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.55		01:23.15	
	00:40.55		00:42.60		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:32
Heat: 10/12 Lane : 7 Athlete: CHICHKOVA LILI					Q-time: 01:13:20
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:35
Heat: 11/12 Lane : 3 Athlete: STERKEN NILA					Q-time: 01:11:11
PB (25m pool): 01:11.11 LEUVEN 23/11/2025			PB (50m pool): 01:13.60 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.00		01:11.11	
	00:34.00		00:37.11		
					

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:39	
Heat: 1/4 Lane : 7 Athlete: VAN NIEUWENHUYZE LUKAS							Q-time: 03:11:53	
PB (25m pool): 03:14.20 Eeklo 19/04/2026				PB (50m pool): 03:11.53SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.50		01:33.64		no time		03:14.20
	00:43.50		00:50.14					
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:2, starttime: 16:08	
Heat: 2/11 Lane : 1 Athlete: HOEYMANS CEDRIC							Q-time: 00:31:93	
PB (25m pool): 00:32.37 T Rosco 12/10/2025				PB (50m pool): 00:31.93SB: no time				
	2 5 M		5 0 M					
PB			00:32.37					
			00:32.37					
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:2, starttime: 16:08	
Heat: 2/11 Lane : 7 Athlete: VAN NIEUWENHUYZE LUKAS							Q-time: 00:31:78	
PB (25m pool): 00:31.78 Zottegem 01/03/2026							PB (50m pool): 00:31.91SB: no time	
	2 5 M		5 0 M					
PB			00:31.78					
			00:31.78					
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:3, starttime: 16:09	
Heat: 3/11 Lane : 1 Athlete: VAN BRAECKEL SEPPE							Q-time: 00:30:28	
PB (25m pool): 00:30.28 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:31.19SB: no time								
	2 5 M		5 0 M					
PB			00:30.28					
			00:30.28					
								

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+			Heat:3, starttime: 16:09
Heat: 3/11 Lane : 3 Athlete: BOONEN KAREL			Q-time: 00:29:94
PB (25m pool): 00:29.94 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:30.71 SB: no time			
	2 5 M	5 0 M	
PB		00:29.94	
		00:29.94	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 16:11
Heat: 5/11 Lane : 3 Athlete: DE REGGE MATTEO			Q-time: 00:28:40
PB (25m pool): 00:31.32 WAREGEM 27/09/2025 PB (50m pool): 00:28.40 SB: no time			
	2 5 M	5 0 M	
PB		00:31.32	
		00:31.32	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:11, starttime: 16:16
Heat: 11/11 Lane : 8 Athlete: VAN UYTVEN ROBBE			Q-time: 00:25:24
PB (25m pool): 00:25.10 Mons 23/11/2024 PB (50m pool): 00:25.24 SB: no time			
	2 5 M	5 0 M	
PB		00:25.10	
		00:25.10	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:1, starttime: 16:18
Heat: 1/5 Lane : 3 Athlete: DE KETELAERE FEBE			Q-time: 00:49:28
PB (25m pool): 00:52.07 WAREGEM 27/09/2025 PB (50m pool): 00:49.28 SB: no time			
	2 5 M	5 0 M	
PB		00:52.07	
		00:52.07	
			

Coach feedback:

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Event number: 36: 50M BREASTSTROKE WOMEN 13+						Heat:1, starttime: 16:18	
Heat: 1/5 Lane : 4 Athlete: VAN DE WALLE NORA						Q-time: 00:47:11	
PB (25m pool): 00:46.95 Sinbad 06/10/2024			PB (50m pool): 00:48.57 SB: no time				
	2 5 M	5 0 M					
PB		00:46.95					
	00:46.95						
							

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+						Heat:4, starttime: 16:22	
Heat: 4/5 Lane : 7 Athlete: CHICHKOVA LILI						Q-time: 00:37:65	
PB (25m pool): no time			PB (50m pool): no time SB: no time				
	2 5 M	5 0 M					
PB		no time					
	no time						
							

Coach feedback:

Event number: 37: 4x50M MEDLEY MEN 11+						Heat:1, starttime: 16:34		
Heat: 1/2 Lane : 3 Athlete: TEAM OZEKA 1						Q-time: 99:99:99		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x50M MEDLEY WOMEN 11+						Heat:1, starttime: 16:40		
Heat: 1/2 Lane : 3 Athlete: TEAM OZEKA 1						Q-time: 99:99:99		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: